



St John

REMOTE FIRST AID

HLTFA302A

REMOTE FIRST AID IS FOR STAFF WORKING AWAY FROM THE OFFICE WHO DO NOT HAVE ACCESS TO AN ONSITE FIRST AIDER. MOBILE SALES STAFF, TECHNICIANS, LINES PEOPLE, MAINTENANCE WORKERS AND OTHER STAFF ISOLATED BY DISTANCE WILL BENEFIT FROM THE KNOWLEDGE AND SKILLS REQUIRED TO PROVIDE EMERGENCY PRE-HOSPITAL CARE, PERFORM RESUSCITATION IF REQUIRED, MANAGE INJURY AND/OR ILLNESS POSSIBLY FOR LONGER PERIODS OF TIME AND UTILISING THE SURROUNDING ENVIROMENT UNTIL MEDICAL AID ARRIVES.

COURSE CONTENT

- Definition of Remote First Aid
- Legal requirements – including documentation
- Planning & Preparation
- Infection Control
- Revision of DRABCD Defibrillation
- Environmental Factors affecting First Aid
- Trauma Management Contents of First Aid kits
- General information about medications (this is not a certificate to administer medications)
- Casualty Handover
- Triage
- Bites & Stings
- Anaphylaxis
- Bleeding
- Communication (Radio, GPS, Beacons)
- Retrieval & Evacuation
- Pain Management
- Element Exposure Overexposure to heat and cold
- Outdoor Challenge/Practical Scenarios
- Debriefing
- Questionnaire

TRAINING MATERIALS

- Australian First Aid Manual
- Remote First Aid Manual
- Face Shield Key Ring
- BONUS St John Survival Capsule
- A Statement of Attainment valid for 3 years (with annual CPR update recommended)

PREREQUISITES

- Current Senior First Aid (Level 2) certificate

DURATION 2 DAYS

BOOK NOW BY CALLING 1300 360 455 OR VISIT US ONLINE AT WWW.FIRSTAIDFORLIFE.COM.AU

MORE FROM ST JOHN

St John offers a number of different course options and once you have completed your Remote First Aid qualification you may be interested in expanding your knowledge with Occupational First Aid for people wishing to become Workplace First Aid Officers or are looking to manage a First Aid Room. St John has a wide range of First Aid kits to suit different needs, when booking speak to one of our consultants to understand which kit is right for you.

KIT SERVICING

Are your First Aid kits at work or home stocked and ready for an emergency? St John Kit Servicing Agents can visit your workplace, audit your kits and restock missing or expired components and sign it OH&S compliant. It's important that once a First Aid item is used it's replaced to avoid contamination, St John First Aid components can be purchased online at www.firstaidforlife.com.au

ABOUT ST JOHN

With 125 years experience St John is Australia's leading First Aid provider training over 315,000 Australians in life saving First Aid every year. By training with St John you can be confident you are receiving the very best training and can feel good knowing that you are contributing to your community as the money raised through the sale of First Aid training and kits funds the operations of our Volunteers in providing First Aid at events around the country.

St John Ambulance Australia (VIC) Inc Head Office: 170 Forster Road, Mount Waverley 3149

www.firstaidforlife.com.au
CALL 1300 360 455

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